

How to register as a Guardian of a Minor

As part of the **Equity-League Health Trust Fund**, your minor(s) is eligible for Spring Health coverage when covered either as a primary participant(s) and/or a dependent(s). Spring Health is a comprehensive mental health benefit, where they can access therapy, coaching, and medication management services. *All minors under 18 need to have their account managed by a guardian.*

To get started:

1 Reach out to [Spring Health Care Support](#)

On the page linked above, you can scroll down and choose to send us a message, engage with live chat, or call us at **1 (855) 629-0554**

2 Care Support Provides Verification

Our team will verify that you are eligible to enroll in Spring Health, given your status as a Guardian of an eligible minor

3 Managed Account Access

Once enrolled in Spring, you will not be able to book your own appointments, unless you are enrolled for coverage under the Equity-League Health Plan. However, you will have the ability to manage your minor(s) account.

4 Unlock Care for Your Minor

Once in the platform, you can set up appointments for your minor and ensure they have the continued support they need from Spring Health.

5 Questions?

You can always connect with our Care Support Team for any questions you might have. Additionally, The Fund's benefit team can help answer questions and point you in the right direction.



Spring Health
Crisis Support is available 24/7

In the event of a crisis, you can count on our clinicians to support your employees' short-term and long-term needs.

You can reach us for crisis support at:
1-855-629-0554,
Option 2 for crisis support